



Battle Run Tactical

personal protection, security solutions

Vol. 1 Issue 1

New Years Resolution

The bell rings!!! "2014" is here. Every day we had thought about making some changes, so we just set some new year resolutions. I'm sitting here hoping that personal safety, and family security were also part of the focus. so with that in mind let me just give you a few things to think about while you are on the road or at home. When it comes to your children, teens included. Set

boundries and rules and enforce them. 2013 is over. No more excuses, just action. Guidance shows your loved ones that you truly care. They



just might not realize that until they are 35. Parents must consider how well their child or teen is with dealing with potential challenges and problems. There are some safety tips that can be established to keep your family safe. Creating a



schedule for your teen to follow while home alone allows for some structure even while you are not there. The schedule will also make them aware that even though you are not there, they still have rules and guidelines they must follow.

Outside Playing: Under no circumstances should they get into an unfamiliar vehicle or talk with strangers.

Answering Phone / Home Door: Children should not answer at all, but if they do they must never admit that no adults are present.

Home Security

Recent events in the news regarding home invasions in West Virginia should have everyone considering safety and security issues: some simple planning and preparation can help. If your home is left unattended while you're away on vacation, or if a neighbor or friend is keeping an eye on your home, simple security precautions can help make your home safe and secure from intruders, including: lighting, locks, landscaping, window treatments, stopping mail and newspapers. Even when you just out in the town, be smart and don't give burglars an opportunity for easy entry: **close and lock all unattended doors and windows!** Lock doors and windows when you leave your home. Keep your home as orderly as you can so you recognize if your belongings have been disturbed or are missing.

If you are home alone, have a plan for such event. If you have firearms, know where they are and have easy

access to the keys to your safe. My recommendation is have your weapons available in your safe room. No firearms, pepper spray is a good alternative. You should keep pepper spray in the bathroom and bedroom. bathroom is normally where you would be most vulnerable to attack, is also normally the smallest room in the house so you can control the entry. You should try to have a more sturdy built door and frame so you could lock yourself in, to call for help or LE.





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Doors are the primary entrance points for burglars. Often, garage doors are the easiest to breach, followed by the back door. Once hidden from view, a burglar has more breaking-and-entering options available to them. Follow these safety tips for a secure entrance:

- * Replace rotted doorframes so thieves cannot pry the door off its hinges.
- * Use heavy-duty strike plates with 3-inch screws into wooden doorframes.
- * All entrance doors should have a solid core (preferably metal).
- * Use heavy-duty, quality deadbolt locks with a knob-in-lock set and dead-latch mechanism.
- * Prevent fraudulent entry by installing door chains and wide-angle peepholes mounted no higher than 58 inches off the ground.

After doors, criminal may windows can measures to windows and windows can from a stairway, recommendations



windows are the only other option for home invasion. The again, try pulling a Kris Kringle and slide down the chimney. Since provide access for an intruder, it is essential you take the proper secure them. Particular attention must be paid to ground floor windows visible from the street or alley. Even upper floor present a threat to your home, especially if they can be accessed tree, fence or by climbing on balconies. Here are some to secure your windows:

- * Install window guards or window wedges, which can be found at most local hardware stores, to prevent intruders from sliding open a window from the outside. Remember any blocking device should be easy to remove in case of an emergency from the inside.
- * During warmer temperatures, only allow the window to open no more than six inches to ensure someone cannot reach in from the outside and remove the blocking device or unlock the window.

Exit Plans in the event a Home Invasion occurs, should consist of a pre-rehearsed accessible exit. Any Door or Window will work. Creating an exit plan in the event of a Home Invasion or even a fire is essential. Here are some suggestions for a clean get away:

- * Check stairways to make sure they are free of obstructions.
- * Consider purchasing window escape ladders for all bedrooms above ground level.
- * Make sure that no one goes back inside a burning building.

Before you reenter your home make sure law enforcement has cleared the home for any hidden perpetrator(s)

Possession Records are important to locate after you return home to determine if property was stolen or lost in a natural disaster. There are several ways to document your possessions and actually both should be done. Most common are photographs and/or videotapes of your valuables. Retain receipts for the more costly and larger items so that you will be able to prove their value for insurance purposes. Make photocopies of important documents as well as the contents of your wallet and store these copies in a safe deposit box. Also maintain a list of the make, model, and serial numbers for all of your valuables. These numbers ARE IMPORTANT for recovery by police and review by insurance companies.



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